

JEB Stuart Crew Boosters  
December 13, 2016

**Attending:**

Linda Manning (Pres.)	Catherine Dubas
Mike David (Head Coach)	Paul Taylor
Rob Walker (Coach)	Marty McGuigan
Mari Mullane (VP and Registrar)	Bob Finley (Parent Alum)
Andrew Riester (Treasurer)	

**VASRA Updates/Schedule**

- VASRA has decided to have Junior 8's and 2<sup>nd</sup> 4's compete on day 1 of the 2-day VASRA Championship regatta. If we have boats in those categories that will eliminate us from participation in the Mathews regatta (May 6).
- Coach Mike has scheduled us for the usual local regattas, with no scrimmage at this time. If we do a scrimmage will have to cancel from a local regatta as you cannot race twice in one week. We will make the decision about registering for Mathews once we have the novice members finalized.
- Following items were discussed for spring schedule. Coach Mike will draft the schedule.
  - Erg sprints
    - PWRC - Jan. 28
    - Mid-Atlantic - Feb. 4
- Stotesbury regatta is 19-20 May; conflicts with IB French exam.
- Coach Pat (Stuart swim team) is willing to administer swim test to crew students. Linda will schedule with Coach Pat at his convenience.
- Boats are scheduled to be moved back to Sandy Run on Feb. 18.
- Linda will send a note out to the team reminding them generally of the spring schedule with regattas on both weekends and other upcoming events.

**Treasurer's Report**

- WPC total is close to \$13K.
- Invoice for repairs from summer rental is being prepared. Coach Mike will send to Resilient when we receive it.

**Sandy Run Dock**

- Oakton HS reports that their dock proposal was not approved. Linda will pursue getting park approval for our rebuild. Current agreement is for Oakton Crew, Woodson Crew, and Robinson Crew each to pay \$2,400, with Stuart Crew paying approximately 10% (anticipated to be \$1,000 to \$1,200).
- WPC systems worked well. Counting boxes of wreaths and coffee upon arrival and as they left the Little Theater is a good reminder for next year.

## **Registrar's Report**

- Currently have 24 rowers registered, and 24 paid (not all are the same students).
- Novice registration is low; hoping team captains and returning rowers will be able to entice some new registrations. Currently, we do not have enough on either men's or women's side for novice 8 boats. Linda will talk with Ms. Gros and Mr. Garvey about getting the word out.

## **Preparation for Spring Season**

- Mari will talk with the insurance company and will get a copy of all riders for Lake Barcroft Association. Linda will send a note to the Lake Barcroft Association requesting permission to row for a few weeks this spring.
- Linda will call Long Fence about donation of temporary fencing.
- Linda will call McLean Bus Company about contract for transportation. Will do Mathews separately, due to uncertainty of schedule.
- Mari will renew our US Rowing membership.
- Team will deliver Barcroft directories in early Feb. We are allowed an insert; details to be determined.
- Linda will talk with Laura Heggeman to see if she is still interested in organizing a presentation / panel about rowing in college.

## **Coaches' Reports**

- America Rows
  - Coach Rob made a presentation made about the opportunity to sign on with America Rows, a US Rowing sponsored organization that seeks to break down barriers to rowing by addressing accessibility of rowing to individuals with special needs, as well as to those who may not participate due to financial and/or cultural barriers.
  - A relationship with America Rows would provide us with consulting resources, as well as access to restricted (password-protected) grant opportunities.
  - We discussed the need for broader and more successful recruitment at the middle school level (primarily Glasgow MS). America Rows could be a good resource for us, and the populations we are targeting are just those they seek to engage.
  - Consensus was to pursue finding out more about a possible match between JEB Stuart Crew and America Rows; Coach Rob will call them to get more details and inquire as to whether a high school team is eligible. .
  - We will need a dedicated parent (or two or three), as well as a student (or two or three) liaison for this effort, should it go forward.
- Winter Conditioning
  - Use of journals is being stressed this season; each student identifying personalized, objective and quantifiable goals.
  - Captains are engaged, offering creative and thoughtful input and strong leadership.
  - Coach Rob has tasked captains with providing a product to him when they return at the end of winter break (record of conditioning over the break, etc.)
  - Mats have been fantastic new monitors are working well.
  - Linda will bring the sweep oars to school after winter break.

- Coaching Clinics
  - Chip is signed up for the Level 1 class.
  - If Sam is interested, he should sign up for Level 1.
  - Rob, Lexi, and Sergio, and possibly Al, should sign up for the Level 2 class.
  - Board voted unanimously to reimburse registration fees. Coach Mike will alert coaches to this and ask them to sign up individually. They can seek reimbursement for coaching clinic from Andrew.
  
- Equipment
  - All oars have been brought up from Sandy Run; repairs/painting are well under way. Correct paint for the Sabre is still not here; it likely will not be able to be painted until later in the spring, due to the cold.

### **River Rat Report**

- Lots of work was accomplished over the fall; work will recommence in late Jan./early Feb.
- Board expressed appreciation for the dedicated work of Marty McGuigan and all those who do the “heavy lifting” out at Sandy Run.

**Next Meeting:** Tuesday, January 10, 2017 - 7:30 p.m.

Respectfully submitted,  
Catherine M. Dubas