

Crew Booster Meeting | Dec. 5, 2017

In attendance:

Mike David	Paul Taylor	Dave Foulis
Mari Mullane	Yamil Palacios	
Anne Holleran	Bob Finley	

Coach's Report (Mike David):

Rowing for Fitness (lessons from fall program at Glasgow):

- We should reach out to students sooner, perhaps include a multimedia presentation to recruit participation.
- We should rethink lesson plan for a smaller group.

Winter conditioning

- Average attendance is 26. More than last year. Provides slightly bigger pool from which to draw novices.
- School plans to turn dance studio into a weight room. We could still use the space but we would have less room available.
- Winter conditioning will be held on Jan. 26 and Jan. 29 (teacher workdays). Rule is that in-season practice happens even on holidays. Winter conditioning does not happen on holidays, but does happen on teacher workdays (student holidays).
- Coach Mike has given rowers winter workout plan.
- Coach Rob has volunteered to lead a Wednesday morning lift.

Equipment

- The new 4 is arriving end of January. The Shine On is still in Philadelphia.
- If we need to reduce the fleet to make room for the new shell, the Jemo would be the boat to go. We would sell it without oars and could expect about \$500 for it. Mike is reluctant to let it go but Bob suggests January is the time to sell it if we are going to sell it. If we don't sell it, it will need to spend the season on the trailer at LBA.
- We have enough sculling oars.
- The single lost its makeshift home in the boathouse. Once the new boat is in and the Shine On is back, if we are short space for it, it can go to Bob's house.
- Coach Mike pulled all the electronics from the boathouse. They are currently at his house. He is replacing batteries and fully discharging the rechargeable batteries.
- Linda has the last set of oars to paint.

Recruiting

- Coach Mike is very focused on filling both a men's novice 8 and a women's novice 8 and suggests requesting support from Principal Gros to recruit if we find we are one or two rowers short of filling either eight.
- Yamil Palacios offered that he is willing to be spokesperson to Spanish-speaking community for recruitment efforts.

Miss Fairfax (Bob Finley)

- "Great team effort" to refresh the boat. Estimated at 150 to 200 hours.
- Bob and Dave Foulis shared slideshow of process.
- Bob talked to Bob Spousta (GMU coach) about home for shell. Spousta supports hanging it in Sandy Run erg room.

Other:

- Bob Finley asked about booking Barcroft beach for the alumni picnic.
- Time to ask Barcroft for use of beach in early season is now.
- We should schedule launch driver training for Wednesdays and Saturdays while we are at Barcroft. Linda has recruiting list.
- Same number of hotel rooms as last year for Stotesbury and Cooper River.
- Coach Mike doesn't anticipate that we would participate in the NSRA Championship in 2018.